



Annual Report 2023

Every child deserves to be free, strong, and protected!



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www.cnpac.md

WHO WE ARE

The National Center for Child Abuse Prevention (CNPAC) is a non-governmental organization in the Republic of Moldova, established in 1998, dedicated to promoting the rights of children to protection from all forms of violence. The center focuses its efforts on raising public awareness and mobilizing societal commitment to eradicate child maltreatment.





VISION

A society in which all children are protected from all forms of violence.

MISSION

We contribute to the reduction of the incidence and consequences of violence against children through prevention activities, advocacy, capacity building, and the provision of specialized services.

OUR VALUES

- We advocate for the respect of the best interests of the child
- We promote professionalism and integrity in our work with beneficiaries
- We listen to the voices of children and encourage them to freely express their opinions on decisions that affect them
- We support and promote the development of public-private partnerships in the field of child protection
- We endorse and facilitate coordination and cooperation among all institutions responsible for child protection
- We promote gender equality and equal opportunities for girls and boys

BENEFICIARIES

- Children in vulnerable or at-risk situations
- Children who are victims of all forms of violence, including sexual abuse and exploitation
- Parents and caregivers
- Professionals working with children
- Central and local public authorities
- Service providers, non-governmental organizations, and media outlets

The National Centre for Child Abuse Prevention



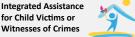


Anonymous and free chat with a pshychologist





gist Witnesses of Crimes





WWW.CNPAC.MD WWW.12PLUS.MD

WWW.BARNAHUS.MD



DANIELA SÎMBOTEANU

President of the National Center for Child Abuse Prevention

The year 2023 marked the 25th anniversary of CNPAC's activity — an important moment for reflection on our journey, lessons learned, and the steps ahead.

When CNPAC was established in January 1998, the concept of child protection against violence was in its infancy in the Republic of Moldova. Throughout this period, we have grown as an organization, formed dedicated teams, developed specialized services, forged strong partnerships, and supported thousands of children in reclaiming their safety, dignity, and the strength to move forward.

This report presents not only the activities of a single year but also the transformation of our organization. This evolution would not have been possible without the CNPAC team—committed professionals who choose every day to stand alongside children and families seeking support and a safe environment.

Moreover, this report is a testament to the children who found the courage to speak out, the adolescents who took steps toward meaningful participation, the parents who learned to build relationships founded on trust and respect, and the professionals who chose to listen before judging. They are the true protagonists of our work.

The year 2023 held special significance—not only as an anniversary year but also as one distinguished by prestigious recognitions: the UN Award for outstanding achievements in human rights and the honor conferred by the Royal House of

Romania. These accolades reaffirm the importance of CNPAC's efforts and our valuable contribution to the development of a better-coordinated child protection system characterized by specialized, child-centered interventions.

Over the course of 25 years, CNPAC has supported the establishment of effective institutional responses tailored to the needs of children. We look to the future with confidence and a strong sense of responsibility. We remain committed to being a powerful voice for the children of the Republic of Moldova, developing relevant services, providing support to professionals, and maintaining a present and responsible role in dialogue with authorities.

Every step taken together has been meaningful. We thank all those who have stood by us in our efforts to create a future free of violence for children. Throughout these 25 years, we have learned that real change does not occur in isolation—it is built day by day, together with individuals, institutions, and communities that choose to believe in children's rights, protection, and dignity. We express our sincere gratitude to everyone who has been part of CNPAC's journey during this quarter-century.

With deep appreciation,

Daniela Sîmboteanu

President of CNPAC



IN NOVEMBER 2023, CNPAC'S EFFORTS AND WORK IN SAVING LIVES WERE OFFICIALLY RECOGNIZED BY THE ROYAL HOUSE OF ROMANIA.



ALSO IN 2023, CNPAC WON THE UNITED NATIONS AWARD FOR OUTSTANDING ACHIEVEMENTS IN THE FIELD OF HUMAN RIGHTS.

EVENTS OF 2023

JANUARY

On January 26, 2023, CNPAC celebrated 25 years of activity. Over this quarter-century, the organization has significantly contributed to the prevention of violence against children and the development of a better-coordinated protection system, with specialized, child-centered interventions.

FEBRUARY

CNPAC organized the Internet Safety Week, engaging children from 14 districts across the country in educational activities.

Also in February, the child- and adolescent-friendly center "STUDIA" was launched within an educational institution in the municipality of Bălţi. The center provides a space for personal development and communication and is part of an institution implementing the Child Protection Policy.

MARCH

Trainings and study visits to the Barnahus Center were conducted, targeting representatives from the public security sections of territorial police inspectorates.

APRIL

In partnership with the National Institute of Justice (NIJ), CNPAC launched remote training programs targeting judges, prosecutors, and specialized interviewers involved in the hearing of children who are victims or witnesses of crimes.

Additionally, CNPAC signed a partnership agreement with the United Nations High Commissioner for Refugees (UNHCR) to facilitate access to safe living conditions and education for refugee children from Ukraine.

MAY

CNPAC supported the establishment of the first Intersectoral Cooperation Committee on Integrated Assistance for Child Victims of Crimes — this marks an important milestone in the implementation of the Barnahus model.

The photographic exhibition Children Telling Stories was launched, featuring 18 refugee children and youth from Ukraine who shared their stories through photography. These represent only a portion of the more than 4,000 children assisted by CNPAC over the past 15 months.

JUNE

Sixteen months after the outbreak of war in Ukraine, CNPAC's mobile PIDTRIMKA team convened for a workshop to reflect on and analyze services provided to refugee children.

On June 15, CNPAC hosted the national conference titled Ensuring the Right to Protection for Child Victims or Witnesses of Violence and Access to Specialized Services. The event gathered professionals from diverse fields and provided a platform for children to voice their opinions and perspectives.

JULY

CNPAC launched a series of training workshops dedicated to teachers, psychologists, and NGO representatives, focusing on parental education and building resilience in children against violence.

AUGUST

The inaugural SAFE-TEEN Summer School was held, bringing together 20 Moldovan and Ukrainian adolescents who collaboratively created a film script for the platform www.12plus.md, addressing the challenges faced by youth displaced to new environments.

SEPTEMBER

CNPAC presented the pilot results of the Psychosocial Assistance and Rehabilitation Service for child victims of violence, implemented at the "Amicul" Center. This service is incorporated into the National Child Protection Program 2022-2026.

OCTOBER

Consultations were held across the northern, central, and southern regions of the country

on the draft project of the Standardized Operational Procedures for Child Protection within Temporary Placement Centers for Refugees (CPTTR).

NOVEMBER

CNPAC conducted the campaign 19 Days of Activism for the Prevention of Violence and Abuse against Children and Youth, under the slogan "Adolescents Against Violence."

Also, the Children and Youth Advisory Group within CNPAC commenced its work with a two-year mandate.

DECEMBER

On December 14, 2023, CNPAC was officially accredited as a provider of specialized social services — the Integrated Assistance Service for Child Victims/Witnesses of Crimes — for a period of five years. This accreditation confirms full compliance with the minimum standards stipulated in Government Decision no. 708 of 2019.



PROJECTS IMPLEMENTED BY CNPAC DURING 2023

Multisectoral Response to Violence against Children, Years 5-6, 2021–2023, 16170	01.09.2021 – 31.08.2023	CHILDHOOD FOUNDATION FOUNDED BY MA. GOLDEN SIXIA OF SWEETEN	
Special Grant: Child Protection in Emergency Situations – CNPAC, 16337	01.09.2022 – 30.06.2023	CHILDHOOD FOUNDATION FOUNDED BY AM OVERN SUNTA OF SINEEDS	
Protection of Refugees and Host Commu- nities against Gender-Based Violence on Both Banks of the Dniester River	01.09.2022 – 28.02.2023	osce	
Ensuring the Right to Psychological Recovery for Children, 751202	01.01.2022 – 31.12.2023	ERIKS Development Partner	
Strengthening the Northen Regional Inte- grated Assistance Center for Child Victims and Witnesses of Crimes – Integrated Social Services "Under One Roof"	01.11.2021 – 31.01.2023	Fundația Soros Moldova	
"Basic and Project Support", grant no. OFIL-20-007	01.01.2021 – 31.12.2023	EMPOWERING CHILDREN FOUNDATION	
Moldova's response to the protection needs of children and adolescents affected by the crisis in Ukraine	30.11.2024 – 30.09.2025	PLAN INTERNATIONAL	
Program for refugees from Ukraine – Protecting of vulnerable groups	01.05.2022 – 30.04.2023	PLAN INTERNATIONAL	

Phase II – Ukraine Appeal	01.09.2022 - 30.04.2023	(E)	
Humanitarian Appeal for Ukraine – DEC II B	01.08.2023 – 31.08.2025	PLAN INTERNATIONAL	
Integrated and Inclusive Humanitarian Response in the Republic of Moldova to Ensure Protection of the Most Vulnerable Populations Affected by the Conflict in Ukraine	01.11.2022 – 15.08.2024	aecid	
Promoting Family-Based Care through Policy Development and Pilot Testing of New Services	01.03.2023 - 31.02.2025	Changing THE WAY WE CARE	
Facilitating Access for Refugee and Local Children, as well as Caregivers, to Infor- mation on Prevention of Sexual Abuse and Exploitation and Available Services	01.05.2023 – 30.04.2024	SOS KINDERDÖRFER WELTWEIT	
Strengthening the Capacities of Local Actors to Provide Enhanced Child Protection Services	01.04.2023 - 31.12.2023	UNHCR The UN Refugee Agency	
Improved Services for Children in Conflict with the Law, Adolescent Girls and their Parents	01.06.2023 – 31.12.2024	unicef	

CARING FOR REFUGEE CHILDREN FROM UKRAINE AND THEIR FAMILIES

Partners: Plan International, Spanish Agency for International Cooperation and Development (AECID), Disasters Emergency Committee (DEC), Terre des Hommes Netherlands

In 2023, CNPAC continued to support refugee children from Ukraine and their families through the **PIDTRIMKA Mobile Psychosocial Assistance Service.** Services were provided by 34 psychologists, social workers, and educators, organized into three mobile teams operating in the Southern, Central, and Northern regions of Moldova.

The specialists offered psycho-emotional support, crisis psychological assistance, resilience-building programs for children, and parental education for adults. These activities took place both in temporary placement centers and within communities hosting refugees. The primary objective of the PIDTRIMKA team was the social integration of children and their families while protecting them from any form of violence or exploitation.

Throughout the year, the mobile teams reached 131 localities across 30 districts, including three districts in the Autonomous Territorial Unit of Gagauzia, providing support to refugees in various regions of the country.

In total, 7,582 individuals benefited from the support, of whom 6,665 were children and 917 were adults – including parents, caregivers, or other community members.

Many of these individuals participated in multiple activities and mobile team visits, and the total number of interactions reached 38,527, of which 33,067 involved children and 5,460 involved adults.

"**Together,** we have contributed to creating a safe living environment that integrates and welcomes all children in our country, including children from Ukraine."

Daniela Sîmboteanu, President of CNPAC



RESULTS

ADULTS



Individual Psychological Assistance:

398 adults participated in 2047 sessions;



Adult Support Groups:

507 unique beneficiaries; 481 sessions, totaling 2,347 participants across all activities;



Parental Education Program "No Slaps, No Abuse":

78 unique beneficiaries; 98 sessions, totaling 427 participants across all activities;



Program for Parents of Adolescents – CONECT:

105 unique beneficiaries; 57 sessions, totaling 259 participants across all activities;

CHILDREN



Individual Psychological Assistance:

159 children participated;



Support Groups:

8,173 children and adults;



12PLUS Program:

1,458 adolescents + professionals working with them;



Programs for children:

"Safe Children / Kiko and the Hand" program: 1,309 children and teachers:



Art and Creativity Club:

Activities attended by 21,484 participants;



TeamUP Program:

8,917 children, adolescents, and adults.

TRAINING FOR OVER 300 PROFESSIONALS WORKING WITH REFUGEE CHILDREN

In 2023, CNPAC prioritized capacity building for professionals working directly with refugee children from Ukraine and children in host communities. The needs of these children—often facing trauma, uncertainty, and instability—require well-informed, empathetic, and timely interventions.

150 specialists—including managers of refugee centers, social workers, psychologists, educators, school counselors, and other local actors—were trained to respond effectively to situations of violence, abuse, or neglect. The training covered not only theoretical aspects but also practical tools for identifying, intervening, and providing psychosocial support to vulnerable children.

160 teachers from 14 schools were trained to implement programs for developing resilience in children and parental support activities for their caregivers—a key component in creating a safe, stable, and inclusive environment.

Through these actions, CNPAC reaffirmed its commitment to training professionals who not only understand legislation and protocols but also know how to support children with empathy, firmness, and responsibility.

To ensure high-quality and effective support for children, in 2023, members of the mobile team participated in five training sessions:

- 6-7 February 2023 "No Slaps, No Abuse: How to Set Limits with Love and Respect for the Child"
- 23 March 2023 Developing Resilience in Preschool-Aged Children Against Sexual Abuse
- 28 April 2023 Developing Resilience in Adolescents Against Abuse and Sexual Exploitation
- 30 May 2023 PIDTRIMKA Team Collaboration Workshop
- 6 December 2023 CNPAC Policy on Protection Against Harassment, Exploitation, and Sexual Abuse, and Child Protection







In 2023, we supported refugee children and their families not only with emotional assistance but also with relevant information. We provided useful resources to help them recognize safe spaces, and 3,765 Trimka plush toys brought smiles and comfort to the youngest beneficiaries.



Trimka Plush Toys

Print run: 5000



Child Protection Policy (in RO and RU languages)

Print run: 3500



How to Recognize Abuse. Manual for children (RO, RU)

Print run: 1000



How to Recognize Abuse. Manual for adolescents (RO, RU)

Print run: 1000



Coloring Book
"Smile with Trimka"
(RO, RU)

Print run: 2500



A5 Leaflet "8 Safety Rules" (RO, RU)

Print run: 8000



12 Plus Chat Leaflet (RO)

Print run: 5000



The Teen Journal

Print run: 2500

STUDIA – A SAFE AND FRIENDLY SPACE FOR DISPLACED AND LOCAL CHILDREN

Partners: World Childhood Foundation, Plan International

In February 2023, CNPAC inaugurated the Child and Adolescent Friendly Space "STUDIA" in the city of Bălţi. The space was specifically designed to support children and adolescents affected by the war in Ukraine, while also being accessible to local children from the community.

By the end of 2023, STUDIA recorded approximately 7,000 visits, providing a consistent and safe environment for over 85 children per month, including five Ukrainian refugee children. The activities offered—including educational and recreational workshops, as well as psychological counseling—were carefully tailored to address the unique needs of both children and adolescents.

A significant component of the program was the active participation of adolescents in evaluating and refining the activities. Anonymous feedback highlighted high satisfaction levels, along with a genuine sense of belonging and trust in the space created for them.

STUDIA has evolved into more than a meeting space — it is now an emotional refuge and a hub for learning and social connection, where every child and adolescent has the right to feel seen, heard, and protected.







"States Parties shall take all appropriate legislative, administrative, social and educational measures to protect the child from all forms of physical or mental violence, injury or abuse, neglect or negligent treatment, maltreatment or exploitation, including sexual abuse (...)"

Article 19, United Nations Convention on the Rights of the Child

INTEGRATED ASSISTANCE SERVICE FOR CHILD VICTIMS/ WITNESSES OF CRIMES – BARNHUS MODEL

Partner: Ministry of Labor and Social Protection

Throughout 2023, CNPAC continued to ensure the operation of the Integrated Assistance Service for Child Victims and Witnesses of Crime at the Barnahus North Regional Center, acting as the service provider.

Also in 2023, CNPAC obtained accreditation as a provider of specialized social services for integrated assistance to child victims/witnesses of crimes (Barnahus model). The accreditation was granted for a period of 5 years and confirms that CNPAC meets and complies with the minimum standards established by Government Decision no. 708 of 2019.

227 CHILDREN **VICTIMS OR** WITNESSES OF **CRIMES RECEIVED ASSISTANCE**

During 2023, the Barnahus North Center recorded a steady increase in requests for specialized support for child victims or witnesses of crimes. Compared to the previous year, the number of assisted child witnesses increased by 11%, reflecting both the growing visibility of the service and the real need for integrated intervention in such cases.





Children

included in

psychological

evaluation

programs









Children examined forensically







interviewed

under special

conditions







provided with psychological crisis intervention

OF MOLDOVA, PRESENTED AT THE COUNCIL OF EUROPE

Partner: Council of Europe

On September 28, 2023, in Strasbourg, the public event Barnahus: A Journey Across Europe took place. During this event, the President of CNPAC, Daniela Sîmboteanu, had the opportunity to present the Barnahus model in the Republic of Moldova as part of the panel "National Experiences: Multidisciplinary and Interinstitutional Structures in Practice."

Alongside representatives from Finland, Sweden, Ukraine, and Austria, Ms. Sîmboteanu outlined the key principles underlying the Barnahus model, Moldova's experience in its successful implementation, and the effectiveness of the service in supporting child victims and witnesses of crimes.



IN 2023, THE BARNAHUS CENTER RECEIVED NUMEROUS VISITORS – DEVELOPMENT AND IMPLEMENTATION PARTNERS

Representatives from Plan Moldova and Plan Norway offices



UNICEF Representatives – Moldova



Development partners: World Childhood Foundation (WCF) and ERIKS Development Partner



Additionally, in March 2023, the Barnahus Center team visited the Barnahus Center in Bucharest



BUILDING PROFESSIONAL CAPACITY TO SUPPORT CHILD VICTIMS AND WITNESSES OF CRIME

Partner: Soros Moldova Foundation

In 2023, the National Center for Child Abuse Prevention (CNPAC) continued to invest in the training and professional development of specialists involved in supporting child victims and witnesses of crime, through a series of activities designed to strengthen their competencies.

The Barnahus team participated in several training sessions, including a workshop dedicated to the psychological assessment of children aged 0–6. The workshop addressed indicators of physical abuse, sexual abuse, and neglect, as reflected in children's psycho-behavioral profiles.

Barnahus interviewers also attended a workshop on The Role of the Interviewer as Investigator in the Hearing of Child Victims and Witnesses of Crime. The session placed particular emphasis on the responsibilities of interviewers and psychologists, as well as on strategies for managing challenges that may arise during child hearings.



In 2023, a new group of specialists – including psychologists, prosecutors, and other professionals involved in interviewing children – was certified as interviewers in criminal cases with child victims or witnesses.



They completed the Child Victim/Witness Interviewer Training Program, an intensive course designed to develop advanced skills for conducting child-friendly hearings in conditions that reduce the risk of re-victimization and encourage children to speak freely.

Through this program, CNPAC is strengthening a national network of qualified interviewers capable of conducting hearings in line with international standards and national legislation.



LAUNCH OF TWO E-LEARNING COURSES FOR JUDGES, PROSECUTORS, AND INTERVIEWERS

Partners: UNICEF Moldova, National Institute of Justice, Ministry of Justice, World Childhood Foundation

In 2023, CNPAC advanced a key milestone in strengthening the institutional response to violence against children by launching two online training programs for justice sector professionals:

- Child-Friendly Justice for Victims and Witnesses of Crime A Multidisciplinary Response to Violence Against Children, designed for judges, prosecutors, and lawyers. The course provides an integrated approach to engaging with children in criminal proceedings, focusing on the best interests of the child, reducing the risk of revictimization, and fostering inter-institutional collaboration.
- Interviewer Training Program for Hearing Child Victims and Witnesses of Crime targets specialized
 interviewers, offering practical, age-appropriate, and trauma-informed tools to conduct interviews
 that respect the child's developmental stage and experiences.

Both programs are hosted on the e-learning platform of the National Institute of Justice and were developed by CNPAC with the support of UNICEF Moldova, in partnership with the National Institute of Justice and the Ministry of Justice.

These initiatives contribute to building a child-centered judicial culture, ensuring that every interaction between children and the justice system is guided by empathy, protection, and professional rigor.





ADVOCACY ACTIVITIES FOR THE RIGHTS OF CHILD VICTIMS OF VIOLENCE

Partner: World Childhood Foundation

In June 2023, CNPAC organized the National Conference Ensuring the Right to Protection for Child Victims and Witnesses of Violence and Access to Specialized Services. The event brought together professionals from medical, social, and legal fields, representatives of relevant institutions, NGOs, as well as a group of children, to discuss the services necessary and appropriate for children affected by violence.

Throughout 2023, CNPAC carried out several advocacy initiatives aimed at establishing minimum quality standards for child-friendly interview spaces for victims and witnesses of crimes. These efforts included drafting thematic recommendations for the Ministry of Justice, as well as producing the video Ensuring the Right to Protection and Access to Specialized Services for Child Victims and Witnesses of Crimes.





ACTIVITIES OF THE CHILD AND FAMILY PSYCHOSOCIAL ASSISTANCE AND REHABILITATION CENTER "AMICUL" IN CHIŞINĂU

Partners: ERIKS Development Partner, Organization for Security and Co-operation in Europe (OSCE), Changing the Way We Care, General Directorate for Child Protection, Chişinău Municipality

In 2023, CNPAC continued to strengthen the specialized Child and Family Psychosocial Assistance and Rehabilitation Services at the "Amicul" Center—a pilot initiative launched in 2022, dedicated to children and families who have experienced violence and traumatic events.

Through this service, affected children received professional support tailored to their specific needs, including:

- Psychological rehabilitation: Counseling and psychotherapy sessions for children, alongside guidance and support for parents and caregivers;
- Crisis intervention: Prompt and effective responses during acute stress episodes or situations posing immediate risk to the child's life and safety;
- Parental education: Programs designed to help parents and caregivers better understand the needs of traumatized children and provide effective, empathetic support.

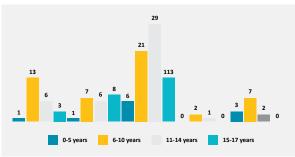
During the year, the "Amicul" Center received 184 referrals for suspected or confirmed cases of child abuse from across the country, the majority (82%) originating from Chişinău. In addition, 11 cases

carried over from 2022 continued to be monitored and supported.

CNPAC also invested in the professional development and support of parents and caregivers. In 2023, a total of 35 parents (26 women and 9 men) participated in 21 parental education sessions focused on enhancing their capacity to address the emotional needs of children affected by violence.

The delivery of parental education programs for the parents/caregivers of beneficiary children remained a key component of the service in 2023. These 21 thematic sessions aimed to strengthen parental skills and included participation from 26 mothers and 9 fathers. Furthermore, 11 parents benefited from specialized programs such as Rules and Discipline for Young Children and CONECT: Adolescence Explained to Parents.

Cases assisted by type of abuse and their age



STUDIES CONDUCTED AND PUBLISHED BY CNPAC IN 2023

In 2023, CNPAC completed two comprehensive studies that provide critical insights into the protection of children within educational settings and the broader community. The first study, titled Knowledge, Attitudes, and Practices Regarding Child Protection in the School Environment, was conducted across nine schools and examined the understanding of violence among students and teachers, as well as their responses to such incidents.

Key findings include:

A majority of students are able to identify various forms of violence and bullying; however, younger students exhibit challenges in fully comprehending these concepts. Over 85% of educators reported active engagement in violence prevention initiatives. Despite these efforts, approximately 20% of students perceive a lack of effective measures being taken against perpetrators within their schools. To address the differentiated informational needs of stakeholders, the study was published in two tailored versions: one for educators and another directed at children and adolescents.

The second study evaluated inter-institutional collaboration in responding to cases of violence, neglect, exploitation, and trafficking (VNET). Findings indicate that in 2022 alone, over 8,400 suspected abuse cases were reported, predominantly involving neglect and physical violence. The demographic most affected comprises boys aged 7 to 17 from rural areas. The prevalence of these cases underscores that child safety is a paramount responsibility shared collectively by families, educational institutions, and social services.

According to the study, 8 out of 10 students correctly identify forms of violence and bullying; however, 1 in 10 students still has difficulty recognizing them. Most often, students in lower secondary education struggle to fully understand all aspects of violence or bullying. Additionally, 147 teachers (85.5%) engaged in prevention and combat activities, while 52.8% of students noted that teachers always intervene in cases of violence among students and punish aggressors. However, 18% of students believe that their school does not take action against perpetrators.

CNPAC also coordinated the preparation of an analytical note on Intersectoral Cooperation in the Identification, Assessment, Referral, Assistance, and Monitoring of Child Victims and Potential Victims of Violence, Neglect, Exploitation, and Trafficking (VNET) covering the years 2019 through 2022. This document reveals a sustained high incidence of VNET nationally, with 8,420 cases recorded by child protection authorities in 2022—a 23.3% increase compared to the previous year.

Neglect and physical violence remain the predominant forms of child maltreatment. More than half of suspected VNET cases involved boys aged 7 to 17 from rural areas. The districts with the highest confirmed reports include Anenii Noi, Cimişlia, Dubăsari, Căușeni, Telenești, Soroca, and Bălţi.

LAUNCH OF AN ANONYMOUS AND FREE CHAT SERVICE WITH A PSYCHOLOGIST FOR ADOLESCENTS AND THEIR PARENTS

Partners: UNHCR Moldova, Plan International

In 2023, CNPAC launched a new service for adolescents: the 12plus online chat — a safe, anonymous, and free space where young people can openly discuss with a psychologist issue that affect them, including relationships, abuse, social pressures, difficult emotions, or questions about their body and identity.

Chat anonim și gratuit cu psihologul

WWW.12PLUS.MD

The Chat is integrated into the platform www.12plus.

md, developed by CNPAC to help adolescents recognize and prevent abuse and sexual exploitation. The platform offers age-appropriate multimedia resources, including articles, vlogs, self-assessment tools, videos, and real-life stories about the challenges of adolescence.

The platform is available in Romanian, Russian, and Ukrainian, making it accessible to as many adolescents as possible, including those from refugee families or other language backgrounds.



12plus Chat – an anonymous and confidential service for adolescents



How to Talk to a Psychologist Remotely and Confidential



- Online psychological consultations for adolescents

Chat 12plus



How to use the Chat 12plus



Informational video about 12plus.md

Throughout 2023, the 12plus chat team organized **No-Taboo Talks** with young people from several Municipal Youth Centers in Chiṣinău, promoting the psychological support service for adolescents and addressing the challenges they face.



Key activities conducted in 2023:

- Publication of articles and educational materials
- Interactive thematic campaigns
- Engagement and collaboration with adolescents in various activities
- Multimedia resources
- Psychologist-led vlogs a series of vlogs featuring psychologists addressed current and relevant topics for adolescent safety. These materials are available online and provide clear answers to young people's questions about boundaries, relationships, and protection.

Scan and watch:

Results:

- 408 inquiries (331 unique and 77 repeat) in the first six months following the launch of the 12plus chat
- 357 adolescents and 51 adults became beneficiaries of the chat
- Most inquiries came from Moldova (344) and Romania (33)
- Over 48,000 visitors accessed the platform in 2023

30,000 unique visitors on the www.12plus.md platform

Through its accessible and youth-friendly content, **12plus.md** has become a trusted and valued resource for adolescents, contributing to the development of a more aware and protected generation.

FIRST EDITION OF THE SAFETEEN SUMMER SCHOOL

Partner: Plan International

During the first edition of the SAFETEEN Summer School, held from August 15 to 19, 20 Ukrainian and Moldovan children and adolescents participated in the development of the sixth module of the 12PLUS educational program, focusing on the thematic scenario Offline and Online Bullying.

As part of the Summer School, CNPAC produced two informational films on bullying and the impact of peer harassment on adolescents, designed to serve as teaching and methodological resources.

The films Alex, 16: "Whenever they had the chance, Dima and his friends would pick on me or cause me troublei" and Ana, 16: "I didn't understand why they were so mean! I hadn't done anything to them, are based on real-life adolescent experiences and are available for viewing on the www.12plus.md platform.



CHILDREN'S ADVOSIRY COUNCIL WITHIN THE CNPAC

Partner: SOS-Kinderdörfer weltweit

In 2023, the Children's Advisory Council was established, bringing together 23 adolescents aged 13 to 18 from diverse regions across the country. Members serve a two-year mandate during which they are supported to ensure their voices and opinions are heard. They also contribute to the improvement of processes, products, programs, and services developed by CNPAC for children and young people.

At the end of November, the National Center for Child Abuse Prevention (CNPAC) organized the inaugural orientation workshop for the Council members. This event provided a platform for children and adolescents—the most important stakeholders in society—to express their perspectives, while emphasizing the significance of their participation and involvement in the development, decision-making, and implementation processes that affect them.



EVENTS CNPAC PARTICIPATED IN

Throughout 2023, CNPAC actively participated in numerous public events and observances, raising awareness among audiences of all ages about non-violence toward children and the services provided to children affected by abuse.













544.643

636.940

145.016

1.503.362

FINANCIAL REPORT – 2023

Prevention and Development of Resilience in Children

Refugee Assistance

Administrative Expenses

Total Expenditures

Income Sources	Euro	Share
Grant Funds	1.393.849	92.6%
Income from Economic Activities	25	0.0%
Service Contracts	109.507	7.3%
Donations and Membership Fees	130	0.0%
Funds from 2% Income Tax Redirection	1.949	0.1%
Total Income	1.505.460	100%
Expenditures	Euro	Share
Direct Assistance for Child Victims (2 social services)	173.692	11.6%
Training and Capacity Building	3.070	0.2%

36.2%

42.4%

9.6%

100%



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